

Event 36
07/05/2026 - 17:15

Men, 400m Freestyle

14 years and older
Results Finals

Points: AQUA 2026

Rank	YB				Time	Pts
14 - 18 years						
1.	VAN WYK, Adrian Reyneke		08	RSA	3:57.23	797
	50m:	26.54 26.54	150m:	1:24.81 29.60	250m:	2:24.71 29.68
	100m:	55.21 28.67	200m:	1:55.03 30.22	300m:	2:55.07 30.36
					350m:	3:26.10 31.03
					400m:	3:57.23 31.13
2.	HUSSAM, Moaz		10	EGY	3:59.67	773
	50m:	27.78 27.78	150m:	1:26.29 29.41	250m:	2:26.85 30.29
	100m:	56.88 29.10	200m:	1:56.56 30.27	300m:	2:57.91 31.06
					350m:	3:28.99 31.08
					400m:	3:59.67 30.68
3.	GOLLER, Matthew		10	RSA	4:01.30	757
	50m:	27.68 27.68	150m:	1:28.50 30.55	250m:	2:30.74 31.07
	100m:	57.95 30.27	200m:	1:59.67 31.17	300m:	3:02.27 31.53
					350m:	3:32.87 30.60
					400m:	4:01.30 28.43
4.	DAHAMNA, Mehdi		08	ALG	4:01.55	755
	50m:	27.47 27.47	150m:	1:27.63 30.23	250m:	2:29.84 30.84
	100m:	57.40 29.93	200m:	1:59.00 31.37	300m:	3:01.38 31.54
					350m:	3:32.13 30.75
					400m:	4:01.55 29.42
5.	DOUMA, Youssef		09	TUN	4:01.58	754
	50m:	27.18 27.18	150m:	1:28.09 30.79	250m:	2:30.18 31.00
	100m:	57.30 30.12	200m:	1:59.18 31.09	300m:	3:01.75 31.57
					350m:	3:32.59 30.84
					400m:	4:01.58 28.99
6.	SEDDIKI, Salim			ALG	4:10.71	675
	50m:	27.26 27.26	150m:	1:28.00 30.70	250m:	2:32.03 32.00
	100m:	57.30 30.04	200m:	2:00.03 32.03	300m:	3:04.81 32.78
					350m:	3:38.11 33.30
					400m:	4:10.71 32.60
7.	BEN AJMIA, Mohamed Yassin		12	TUN	4:11.93	665
	50m:	28.21 28.21	150m:	1:30.92 31.84	250m:	2:36.61 33.07
	100m:	59.08 30.87	200m:	2:03.54 32.62	300m:	3:09.46 32.85
					350m:	3:41.49 32.03
					400m:	4:11.93 30.44
8.	COLE, Mulenga Edward		09	ZAM	4:17.90	620
	50m:	28.66 28.66	150m:	1:32.13 32.12	250m:	2:38.40 33.26
	100m:	1:00.01 31.35	200m:	2:05.14 33.01	300m:	3:11.89 33.49
					350m:	3:45.04 33.15
					400m:	4:17.90 32.86
19 years and older						
1.	CALDWELL, Matthew Dale		06	RSA	3:53.65	834
	50m:	26.69 26.69	150m:	1:24.82 29.56	250m:	2:24.91 29.72
	100m:	55.26 28.57	200m:	1:55.19 30.37	300m:	2:55.02 30.11
					350m:	3:24.65 29.63
					400m:	3:53.65 29.00
2.	YASSER, Mohannad		07	EGY	3:54.01	830
	50m:	27.07 27.07	150m:	1:26.16 29.68	250m:	2:25.53 29.61
	100m:	56.48 29.41	200m:	1:55.92 29.76	300m:	2:55.17 29.64
					350m:	3:24.85 29.68
					400m:	3:54.01 29.16
3.	SEMMAR, Mohamed Racim		07	ALG	3:56.77	801
	50m:	27.25 27.25	150m:	1:26.91 30.25	250m:	2:27.30 29.87
	100m:	56.66 29.41	200m:	1:57.43 30.52	300m:	2:57.68 30.38
					350m:	3:28.04 30.36
					400m:	3:56.77 28.73
4.	MOSELHY, Mohamed		01	EGY	3:56.96	799
	50m:	27.54 27.54	150m:	1:26.81 29.68	250m:	2:26.38 29.45
	100m:	57.13 29.59	200m:	1:56.93 30.12	300m:	2:56.77 30.39
					350m:	3:27.14 30.37
					400m:	3:56.96 29.82
5.	SHEARER, Rohan		06	CPV	4:07.73	699
	50m:	27.65 27.65	150m:	1:28.87 31.04	250m:	2:32.02 32.06
	100m:	57.83 30.18	200m:	1:59.96 31.09	300m:	3:04.32 32.30
					350m:	3:36.59 32.27
					400m:	4:07.73 31.14
6.	NDIAYE, Amadou Andre Ousseynou		01	SEN	4:11.43	669
	50m:	28.32 28.32	150m:	1:30.15 31.12	250m:	2:34.16 31.84
	100m:	59.03 30.71	200m:	2:02.32 32.17	300m:	3:06.88 32.72
					350m:	3:39.46 32.58
					400m:	4:11.43 31.97
7.	BARRADAS, Hugo		07	MOZ	4:18.01	619
	50m:	29.00 29.00	150m:	1:33.32 32.56	250m:	2:39.49 33.25
	100m:	1:00.76 31.76	200m:	2:06.24 32.92	300m:	3:13.32 33.83
					350m:	3:46.63 33.31
					400m:	4:18.01 31.38



17th AFRICA SWIMMING CHAMPIONSHIP
ORAN - , 5 - 9/5/2026



Event 36, Men, 400m Freestyle, Final, 19 years and older

Rank			YB						Time	Pts		
8.	ANDRIAMPENOMANANA, B.		07	MAD				4:18.04	619			
	50m:	29.40	29.40	150m:	1:33.98	32.65	250m:	2:40.63	33.87	350m:	3:47.64	33.61
	100m:	1:01.33	31.93	200m:	2:06.76	32.78	300m:	3:14.03	33.40	400m:	4:18.04	30.40