

ALGERIAN OPEN SWIMMING CHAMPIONSHIP LCM 2026
ORAN, 30/7 - 4/8/2026

Event 4	Women, 400m Medley				Open
30/07/2026 - 9:45					Startlist Prelim
ALGERIAN RECORD LCM	4:52.13	NEFIS, RANIA HAMIDA	CRB	MONTREAL (CAN)	19/02/2019
MNR : 5:40.75					

YB

Heat 1 of 2

2	FOUKROUN, Meriem Nour El Houda	06	Jeunesse Feminine Kouba	5:45.00
3	BENMOHAMMED, Rahma	10	Club Sportif Amateur Les Sports Bleus	5:25.00
4	BENCHADLI, Djihene	04	Chabab Riadhi Belouizdad	5:05.00
5	ZAIDI, Ines	09	Orqua Club Bejaia	5:23.00
6	BERRIM, Rania	08	Mouloudia Club D'Alger	5:30.00
7	FERDI, Cerine	09	AAF	NT

Heat 2 of 2

2	BENCHERAB, Lina Racha	10	Club Sportif Amateur Nautique D'Oran	5:35.00
3	YAHIAOUI, Hibats Allah	08	Orqua Club Bejaia	5:23.00
4	ZITOUNI, Imene Kaouthar	04	Mouloudia Club D'Alger	5:00.00
5	ROUIBI, Melissa	11	Club Rouad Fouka	5:14.00
6	AMR MOHAMED, Kenzi	12	Chabab Riadhi Belouizdad	5:30.00