

ALGERIAN OPEN SWIMMING CHAMPIONSHIP LCM 2026
ORAN, 30/7 - 4/8/2026

Event 31 Men, 400m Medley Open
03/08/2026 - 18:05 Results Final

ALGERIAN RECORD LCM 4:19.02 SYOUD, JAOUAD CHARTRES (FRA) 15/06/2021

Points: AQUA 2026

Rank	YB			Time		Pts	100m	200m	300m	400m		
1.	CHOUCHAR, Ramzi	97	Chabab Riadhi Belouizdad		4:30.48	720	1:00.32	1:10.73	1:15.97	1:03.46		
	50m:	28.08	28.08	150m:	1:35.99	35.67	250m:	2:49.09	38.04	350m:	3:59.15	32.13
	100m:	1:00.32	32.24	200m:	2:11.05	35.06	300m:	3:27.02	37.93	400m:	4:30.48	31.33
2.	ACHOUR TALET, Sofiane	04	Bahia Nautique D'Oran		4:34.71	687	1:00.12	1:12.07	1:19.50	1:03.02		
	50m:	28.23	28.23	150m:	1:36.25	36.13	250m:	2:51.80	39.61	350m:	4:03.57	31.88
	100m:	1:00.12	31.89	200m:	2:12.19	35.94	300m:	3:31.69	39.89	400m:	4:34.71	31.14
3.	ZAID, Abderaouf	08	Union Sportif Madina D'Alger		4:39.30	654	1:00.68	1:10.87	1:20.49	1:07.26		
	50m:	27.82	27.82	150m:	1:36.22	35.54	250m:	2:51.13	39.58	350m:	4:06.13	34.09
	100m:	1:00.68	32.86	200m:	2:11.55	35.33	300m:	3:32.04	40.91	400m:	4:39.30	33.17
4.	ADOUR, Anis	07	Orqua Club Bejaia		4:41.55	638	1:02.20	1:11.89	1:19.06	1:08.40		
	50m:	28.92	28.92	150m:	1:38.64	36.44	250m:	2:53.58	39.49	350m:	4:07.90	34.75
	100m:	1:02.20	33.28	200m:	2:14.09	35.45	300m:	3:33.15	39.57	400m:	4:41.55	33.65
5.	BOUDA, Omar	09	Orqua Club Bejaia		4:47.45	600	1:02.66	1:14.96	1:23.44	1:06.39		
	50m:	29.32	29.32	150m:	1:40.54	37.88	250m:	2:59.46	41.84	350m:	4:14.32	33.26
	100m:	1:02.66	33.34	200m:	2:17.62	37.08	300m:	3:41.06	41.60	400m:	4:47.45	33.13
6.	ZERROUKI, Adam	07	Union Sportif Madina D'Alger		4:50.14	583	1:00.91	1:17.93	1:24.80	1:06.50		
	50m:	27.90	27.90	150m:	1:39.86	38.95	250m:	3:01.04	42.20	350m:	4:17.88	34.24
	100m:	1:00.91	33.01	200m:	2:18.84	38.98	300m:	3:43.64	42.60	400m:	4:50.14	32.26
7.	CHETTOU, KAMIL	11	Club Sportif Amateur Cercle D'Oran		4:54.02	561	1:03.94	1:17.19	1:26.94	1:05.95		
	50m:	29.59	29.59	150m:	1:42.86	38.92	250m:	3:03.74	42.61	350m:	4:21.30	33.23
	100m:	1:03.94	34.35	200m:	2:21.13	38.27	300m:	3:48.07	44.33	400m:	4:54.02	32.72
8.	AIT YAHIA, Anes	10	Club Sportif Amateur Les Sages		4:54.25	559	1:04.08	1:17.74	1:26.32	1:06.11		
	50m:	29.37	29.37	150m:	1:43.38	39.30	250m:	3:05.32	43.50	350m:	4:21.98	33.84
	100m:	1:04.08	34.71	200m:	2:21.82	38.44	300m:	3:48.14	42.82	400m:	4:54.25	32.27