

ALGERIAN OPEN SWIMMING CHAMPIONSHIP LCM 2026
ORAN, 30/7 - 4/8/2026

Event 25 Women, 400m Freestyle Open
02/08/2026 - 9:25 Results Prelim

ALGERIAN RECORD LCM 4:19.24 CHEBARAKA, MAJDA EN BRAZAVILLE (COD) 08/09/2015

MNR : 5:01.67

Points: AQUA 2026

Rank	YB			Time		Pts	100m	200m	300m	400m		
1.	ABDELLAOUI, Samara	05	Chabab Riadhi Belouizdad		4:40.88	579 Q	1:07.07	1:12.89	1:12.79	1:08.13		
	50m:	32.16	32.16	150m:	1:43.43	36.36	250m:	2:56.34	36.38	350m:	4:08.76	36.01
	100m:	1:07.07	34.91	200m:	2:19.96	36.53	300m:	3:32.75	36.41	400m:	4:40.88	32.12
2.	YOUSFI, Ihsane Khedidja	13	Mouloudia Club D'Alger		4:40.99	578 Q	1:08.04	1:12.63	1:12.82	1:07.50		
	50m:	32.38	32.38	150m:	1:44.35	36.31	250m:	2:57.04	36.37	350m:	4:08.98	35.49
	100m:	1:08.04	35.66	200m:	2:20.67	36.32	300m:	3:33.49	36.45	400m:	4:40.99	32.01
3.	ROUIBI, Melissa	11	Club Rouad Fouka		4:42.98	566 Q	1:05.99	1:11.98	1:12.62	1:12.39		
	50m:	31.35	31.35	150m:	1:42.08	36.09	250m:	2:54.47	36.50	350m:	4:07.32	36.73
	100m:	1:05.99	34.64	200m:	2:17.97	35.89	300m:	3:30.59	36.12	400m:	4:42.98	35.66
4.	HADJI- KOUIDRI, Ines	06	Chabab Riadhi Belouizdad		4:49.03	531 Q	1:06.90	1:13.96	1:13.89	1:14.28		
	50m:	32.05	32.05	150m:	1:43.63	36.73	250m:	2:57.49	36.63	350m:	4:11.86	37.11
	100m:	1:06.90	34.85	200m:	2:20.86	37.23	300m:	3:34.75	37.26	400m:	4:49.03	37.17
5.	FERDI, Cerine	09	AAF		4:51.26	519 Q	1:07.84	1:13.95	1:16.24	1:13.23		
	50m:	32.37	32.37	150m:	1:44.78	36.94	250m:	3:00.09	38.30	350m:	4:15.40	37.37
	100m:	1:07.84	35.47	200m:	2:21.79	37.01	300m:	3:38.03	37.94	400m:	4:51.26	35.86
6.	BERRAHMANI, Loubna	09	Club Promosim Blida		4:52.16	514 Q	1:09.10	1:14.06	1:15.19	1:13.81		
	50m:	33.16	33.16	150m:	1:46.05	36.95	250m:	3:00.61	37.45	350m:	4:15.88	37.53
	100m:	1:09.10	35.94	200m:	2:23.16	37.11	300m:	3:38.35	37.74	400m:	4:52.16	36.28
7.	NOUIOUA, Hana Ryhana	09	Mouloudia Club D'Alger		4:53.00	510 Q	1:07.80	1:14.94	1:16.28	1:13.98		
	50m:	31.85	31.85	150m:	1:45.11	37.31	250m:	3:00.66	37.92	350m:	4:17.59	38.57
	100m:	1:07.80	35.95	200m:	2:22.74	37.63	300m:	3:39.02	38.36	400m:	4:53.00	35.41
8.	BENMANSOUR, Ryma	04	Chabab Riadhi Belouizdad		4:57.54	487 Q	1:09.74	1:16.01	1:15.74	1:16.05		
	50m:	33.04	33.04	150m:	1:47.11	37.37	250m:	3:03.64	37.89	350m:	4:19.38	37.89
	100m:	1:09.74	36.70	200m:	2:25.75	38.64	300m:	3:41.49	37.85	400m:	4:57.54	38.16
9.	SALEM, Yara Nelya	13	Amel Saad Chabab Oued		5:58.16	484 Q	1:12.01	1:16.19	1:16.36	1:13.60		
	50m:	33.57	33.57	150m:	1:49.70	37.69	250m:	3:05.92	37.72	350m:	4:21.34	36.78
	100m:	1:12.01	38.44	200m:	2:28.20	38.50	300m:	3:44.56	38.64	400m:	4:58.16	36.82
10.	BENCHERAB, Lina Rachad	10	Club Sportif Amateur Nautic		5:01.94	466 Q	1:12.00	1:18.82	1:16.92	1:14.20		
	MNR											
	50m:	34.33	34.33	150m:	1:51.25	39.25	250m:	3:08.91	38.09	350m:	4:25.26	37.52
	100m:	1:12.00	37.67	200m:	2:30.82	39.57	300m:	3:47.74	38.83	400m:	5:01.94	36.68
11.	TAKARLI, Nesrine	12	Club Promosim Blida		5:02.43	464 R	1:08.94	1:16.68	1:18.81	1:18.00		
	MNR											
	50m:	32.48	32.48	150m:	1:46.79	37.85	250m:	3:04.50	38.88	350m:	4:24.53	40.10
	100m:	1:08.94	36.46	200m:	2:25.62	38.83	300m:	3:44.43	39.93	400m:	5:02.43	37.90
12.	TALEB BENDIAB, WISSAM	08	Club Sportif Amateur Nautic		5:03.08	461 R	1:10.01	1:17.68	1:17.64	1:17.75		
	MNR											
	50m:	32.86	32.86	150m:	1:48.95	38.94	250m:	3:06.67	38.98	350m:	4:25.08	39.75
	100m:	1:10.01	37.15	200m:	2:27.69	38.74	300m:	3:45.33	38.66	400m:	5:03.08	38.00
13.	BEKKOUCHE, Dikra Baya	13	Club Rouad Fouka		5:03.38	459	1:11.27	1:17.39	1:18.04	1:16.68		
	MNR											
	50m:	33.60	33.60	150m:	1:49.59	38.32	250m:	3:08.03	39.37	350m:	4:25.46	38.76
	100m:	1:11.27	37.67	200m:	2:28.66	39.07	300m:	3:46.70	38.67	400m:	5:03.38	37.92
14.	NOUAL, Maya	10	Mouloudia Club D'Alger		5:04.62	454	1:08.90	1:17.76	1:18.87	1:19.09		
	MNR											
	50m:	33.06	33.06	150m:	1:47.58	38.68	250m:	3:05.72	39.06	350m:	4:25.38	39.85
	100m:	1:08.90	35.84	200m:	2:26.66	39.08	300m:	3:45.53	39.81	400m:	5:04.62	39.24