

ALGERIAN WINTER CHAMPIONSHIPS AGE GROUPS
Oran, 27 - 31/1/2026

Epreuve 41
31/01/2026 - 11:07

Filles, 400m 4 nages

15 - 18 ans
Liste résultats

Points: AQUA 2025

Rang			AN					Temps	Pts
CADETS									
1.	ROUIBI, Melissa		11	Club Rouad Fouka				5:12.99	543
	50m: 33.12	33.12	150m: 1:53.11	40.76	250m: 3:17.47	44.64	350m: 4:38.42	36.03	
	100m: 1:12.35	39.23	200m: 2:32.83	39.72	300m: 4:02.39	44.92	400m: 5:12.99	34.57	
2.	HEMANI, Lyna		10	Orqua Club Bejaia				5:18.15	517
	50m: 33.78	33.78	150m: 1:52.50	39.72	250m: 3:17.40	46.02	350m: 4:41.57	38.15	
	100m: 1:12.78	39.00	200m: 2:31.38	38.88	300m: 4:03.42	46.02	400m: 5:18.15	36.58	
3.	BENMOHAMMED, Rahma		10	Club Sportif Amateur Les Sports Bleus				5:22.64	496
	50m: 33.79	33.79	150m: 1:55.34	41.13	250m: 3:21.69	45.74	350m: 4:45.13	38.19	
	100m: 1:14.21	40.42	200m: 2:35.95	40.61	300m: 4:06.94	45.25	400m: 5:22.64	37.51	
4.	ALIOUA, Anais		10	Csa Jeunesse Sportive De Kabylie Tizi				05:29.89	464
	50m: 33.77	33.77	150m: 1:55.27	40.94	250m: 3:23.76	47.55	350m: 4:52.09	38.95	
	100m: 1:14.33	40.56	200m: 2:36.21	40.94	300m: 4:13.14	49.38	400m: 5:29.89	37.80	
5.	LAIDI, Lina Dahlia		10	Mouloudia Club D'Alger				5:38.25	430
	50m: 35.69	35.69	150m: 2:00.66	44.28	250m: 3:31.57	48.44	350m: 5:00.15	39.51	
	100m: 1:16.38	40.69	200m: 2:43.13	42.47	300m: 4:20.64	49.07	400m: 5:38.25	38.10	
6.	HAMMACHE, Asma		11	Assirem Natation El Kseur				5:41.15	419
	50m: 34.69	34.69	150m: 2:03.30	47.22	250m: 3:35.81	47.61	350m: 5:03.98	40.07	
	100m: 1:16.08	41.39	200m: 2:48.20	44.90	300m: 4:23.91	48.10	400m: 5:41.15	37.17	
7.	ALLAM, Maram		10	Union Sportif Madina D'Alger				5:41.41	419
	50m: 36.82	36.82	150m: 2:06.40	44.74	250m: 3:35.55	48.47	350m: 5:03.99	40.36	
	100m: 1:21.66	44.84	200m: 2:47.08	40.68	300m: 4:23.63	48.08	400m: 5:41.41	37.42	
8.	BENCHERAB, Lina Racha		10	Club Sportif Amateur Nautique D'Oran				5:41.56	418
	50m: 34.78	34.78	150m: 2:03.01	46.11	250m: 3:34.52	46.98	350m: 5:02.88	40.11	
	100m: 1:16.90	42.12	200m: 2:47.54	44.53	300m: 4:22.77	48.25	400m: 5:41.56	38.68	
9.	DJERCE, Nermine		11	Assirem Natation El Kseur				5:46.67	400
	50m: 36.07	36.07	150m: 2:09.35	46.06	250m: 3:40.66	46.40	350m: 5:07.03	39.21	
	100m: 1:23.29	47.22	200m: 2:54.26	44.91	300m: 4:27.82	47.16	400m: 5:46.67	39.64	
10.	AIT YAHIA, Lyna		11	Assirem Natation El Kseur				5:47.32	397
	50m: 36.53	36.53	150m: 2:09.68	45.48	250m: 3:41.70	49.22	350m: 5:10.05	38.77	
	100m: 1:24.20	47.67	200m: 2:52.48	42.80	300m: 4:31.28	49.58	400m: 5:47.32	37.27	
11.	SEMANI, Meriem		11	Assirem Natation El Kseur				5:48.65	393
	50m: 37.91	37.91	150m: 2:09.86	45.68	250m: 3:41.17	46.95	350m: 5:09.84	39.92	
	100m: 1:24.18	46.27	200m: 2:54.22	44.36	300m: 4:29.92	48.75	400m: 5:48.65	38.81	
12.	BOURI, Yara		10	Csa Athletic Club Boumerdes				5:53.54	377
	50m: 37.11	37.11	150m: 2:08.98	45.32	250m: 3:43.15	50.23	350m: 5:12.33	39.37	
	100m: 1:23.66	46.55	200m: 2:52.92	43.94	300m: 4:32.96	49.81	400m: 5:53.54	41.21	
13.	BENACEUR, Melissa Narimene		10	Noujoum Boutlelis Oran				5:55.42	371
	50m: 37.25	37.25	150m: 2:06.18	44.02	250m: 3:40.52	50.45	350m: 5:15.40	42.17	
	100m: 1:22.16	44.91	200m: 2:50.07	43.89	300m: 4:33.23	52.71	400m: 5:55.42	40.02	
14.	AHSATAL, Aya		11	Assirem Natation El Kseur				6:07.19	336
	50m: 37.50	37.50	150m: 2:09.71	47.03	250m: 3:47.56	50.70	350m: 5:23.40	44.10	
	100m: 1:22.68	45.18	200m: 2:56.86	47.15	300m: 4:39.30	51.74	400m: 6:07.19	43.79	
abandon	NOUAL, Maya		10	Mouloudia Club D'Alger					
abandon	ZIANE, Hanane		10	Orqua Club Bejaia					
	50m:		150m:		250m:		350m:		
	100m:		200m:		300m:		400m:		

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JUNIORS

1. BERRIM, Rania	08	Mouloudia Club D'Alger	5:21.45	502
50m: 34.84 34.84	150m: 1:55.65 40.70	250m: 3:20.53 45.01	350m: 4:44.59 38.22	
100m: 1:14.95 40.11	200m: 2:35.52 39.87	300m: 4:06.37 45.84	400m: 5:21.45 36.86	
2. YAHIAOUI, Hibats Allah	08	Orqua Club Bejaia	5:24.75	486
50m: 33.17 33.17	150m: 1:51.91 39.50	250m: 3:18.62 47.19	350m: 4:45.47 39.47	
100m: 1:12.41 39.24	200m: 2:31.43 39.52	300m: 4:06.00 47.38	400m: 5:24.75 39.28	
3. ZAIDI, Ines	09	Orqua Club Bejaia	5:26.42	479
50m: 33.36 33.36	150m: 1:52.38 40.39	250m: 3:20.37 46.94	350m: 4:47.99 40.30	
100m: 1:11.99 38.63	200m: 2:33.43 41.05	300m: 4:07.69 47.32	400m: 5:26.42 38.43	
4. HAMEL, Sarah	09	Chabab Riadhi Belouizdad	5:34.74	444
50m: 35.42 35.42	150m: 1:59.50 43.43	250m: 3:29.52 48.09	350m: 4:57.01 39.73	
100m: 1:16.07 40.65	200m: 2:41.43 41.93	300m: 4:17.28 47.76	400m: 5:34.74 37.73	
5. MAAROUF, Amira Ines	09	Club Sportif Amateur Les Sports Bleus	5:35.27	442
50m: 36.28 36.28	150m: 2:03.64 45.20	250m: 3:35.22 48.48	350m: 5:00.88 37.24	
100m: 1:18.44 42.16	200m: 2:46.74 43.10	300m: 4:23.64 48.42	400m: 5:35.27 34.39	
6. HARRAT, Ibtissam	09	Poste Telecommunication Alger	5:35.53	441
50m: 37.45 37.45	150m: 2:05.57 46.50	250m: 3:34.89 45.61	350m: 5:00.66 40.81	
100m: 1:19.07 41.62	200m: 2:49.28 43.71	300m: 4:19.85 44.96	400m: 5:35.53 34.87	
7. OUCHENE, Maylis	09	Orqua Club Bejaia	5:40.28	423
50m: 34.44 34.44	150m: 1:58.64 42.91	250m: 3:31.42 50.23	350m: 5:02.23 40.06	
100m: 1:15.73 41.29	200m: 2:41.19 42.55	300m: 4:22.17 50.75	400m: 5:40.28 38.05	
8. SEMANI, Selma	08	Assirem Natation El Kseur	5:57.79	364
50m: 39.02 39.02	150m: 2:09.43 45.18	250m: 3:47.31 53.44	350m: 5:19.39 39.14	
100m: 1:24.25 45.23	200m: 2:53.87 44.44	300m: 4:40.25 52.94	400m: 5:57.79 38.40	